**Gladstone Views Primary School**

*NEWS AT THE VIEWS*

Carrick Drive, Gladstone Park, 3043
www.gvps.vic.edu.au

**Principal: Michael West**

**Assistant Principal: Jane Donaldson**

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**Thursday August 27, 2015**

### Diary

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Fri 28 Aug</td>
<td>Dress Up Day &amp; Parade – 9.30am Parents Welcome</td>
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<td>Story Time in the Library (Lunch Time)</td>
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<tr>
<td>Mon 31 Aug</td>
<td>Gr.1/2 Excur. to Yarrabee Yesterday’s World. Money &amp; permission form due</td>
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<tr>
<td>Fri 4 Sept</td>
<td>Literacy &amp; Numeracy Week</td>
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<tr>
<td>Wed 2 Sept</td>
<td>Gr. 1/2 Excursion to Yarrabee Yesterdays World</td>
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<tr>
<td>Fri 4 Sept</td>
<td>Chocolate Drive ~ All money and return carriers due</td>
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<tr>
<td>Fri 4 Sept</td>
<td>9.00am – 1.30pm Fathers’ Day Stall - (Helpers needed on the day)</td>
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<tr>
<td>Sat 5 Sept</td>
<td>Book a time on line</td>
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<tr>
<td>Mon 7 Sept</td>
<td>Vision Portraits ~ Book online at <a href="http://www.trybooking.com/IEJU">www.trybooking.com/IEJU</a></td>
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<tr>
<td>Mon 7 Sept</td>
<td>Studio &amp; Outdoor Photos at Gladstone Views PS</td>
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<tr>
<td>Mon 8 Sept</td>
<td>9.00am</td>
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<tr>
<td>Mon 8 Sept</td>
<td>Gr. 1 - 6 Australian Girls’ Choir singing Workshop</td>
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<tr>
<td>Mon 8 Sept</td>
<td>Policy Committee &amp; Fundraising Committee Meeting</td>
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<td>Mon 8 Sept</td>
<td>School Council meeting</td>
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<tr>
<td>Fri 11 Sept</td>
<td>Gr. 5/6 Trade Fair</td>
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<tr>
<td>Fri 15 Sept</td>
<td>Woodlands Division Athletics Carnival at Epping (17 students to attend)</td>
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<tr>
<td>Fri 18 Sept</td>
<td>2.30pm Last day of Term 3, 2.30pm finish (Term 4 starts ~ 8.45am on Mon. 5th October)</td>
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<tr>
<td>Tues 15 Dec</td>
<td>Gr. 6 – 2015 Graduation</td>
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**Items Distributed With Newsletter Today**

- Rotary Raffle Tickets ~ eldest in family
- Grade 5/6 Trade Fair Excursion Notice

FROM THE PRINCIPAL

**Preps for 2016**

Over the last two terms we have been conducting numerous tours around the school for prospective prep students for next year. We would like to finalise numbers for 2016 as soon as possible. The response has again been fantastic with numbers already over this year’s enrolments. We know that there are still quite a few families who have not yet enrolled. Please encourage anyone you know who are looking to enrol to contact the school as soon as possible.

**Naplan Results**

Students have received their Naplan results in Grade 3 & 5. These will provide some information for parents and students on areas of strength and weakness in the relevant subject. Naplan is just one form of assessment that we use throughout the year and reporting to parents on their child’s progress is an ongoing focus at the school.

We also value many other aspects of your child’s education so that things like Character, Citizenship, Critical Thinking, Collaboration, Communication and Creativity are extremely important in ensuring your child is well prepared for not only their future schooling but also for life in general so that they become productive citizens. Our focus is on moving our learning from surface to deep so that the skills they learn in reading, writing, maths and other subject areas can be used in an authentic way to continue this life long journey of learning.

We need to provide our students with essential skills, and are pleased that those students who were tested in grade 3 in 2013 grew more significantly than students across the state when tested in Grade 5. This is a significant result for both our teachers and students and is one sign of the commitment and professionalism of our staff. But it is not enough! We want to develop the six C’s across the school so that our learning improves.

Mrs Donaldson sent a message on TIQBIZ asking if you were grateful to one of our staff members for the positive impact they are having on your child. We have had many wonderful responses so keep them rolling in.

*Have a wonderful week!*
STAR FISH AWARDS

“Play”

If you are grateful to one of the Gladstone Views PS staff Members the positive impact he/she is having on your child please let me know. Feel free to email me: donaldson.jane.e@edumail.vic.gov.au

Jane Donaldson

Don’t forget

Dress Up Day
Friday 28th August
9.30am
(tomorrow)

SPORT NEWS

The final round of Winter Sport was played on Friday August 14th against St Dominic’s

The results for Round 7 were:

Open Netball: GVPS d St Dominic’s (7 - 2)
Girls Netball: St Dominic’s d GVPS (8 - 0)
Open Handball: GVPS d St Dominic’s (24 - 9)
Girls Handball: GVPS d St Dominic’s (11 - 1)
Soccer: St Dominic’s d GVPS (8 – 1)
Touch Rugby: GVPS d St Dominic’s (16 - 1)

We would like to especially thank the coaches for this season who prepared the teams for their respective games against other schools in our district. Ms Johnson who worked with both Netball teams, Mr Guglielmini who coached the Touch Rugby side and Mr Woolcock who coached the soccer team. Thank you also to the parents who attended the games to support our wonderful students and staff.

Richard Jasenia
Phys Ed Coordinator

STAND TALL AWARDS

| Prep A | Coen T. | For making improvements in reading and writing. |
| Prep B | Hayley M. | For listening to and recording the sounds in words when writing her recount. |
| 1/2A | Charlotte P. | For designing a well thought about front cover for Goldilocks and The Three Bears during book week. |
| 1/2B | Abdala E. | For challenging himself in maths sessions to improve his learning. Well done Abdala! |
| 1/2C | Jacob A. | For working hard to improve his handwriting this term. Keep up the fantastic work! |
| 1/2D | Xavier Y. | For the wonderful progress he is making in Reading, keep it up Xavier! |
| 3/4A | Caitlin M. | For her outstanding improvement and work ethic in Mathematics. Well done Caitlin! |
| 3/4B | Tayla B. | For always producing a high standard of writing in English. |
| 3/4C | Kiralee T. | For her superb spelling and outstanding efforts towards all of her work. |
| 5/6A | Aydin H. | For his improved commitment to his learning and ability to collaborate effectively in his Trade Fair group. |
| 5/6B | Olivia H. | For always putting lots of effort into every task that she completes. |
| 5/6C | Alastair H. | For his thorough preparation of prices and amounts for our Trade Fair shopping trip. |
| 5/6D | Noah D. | For his creative thinking in generating ideas for his AFL Trade Fair business. |

Prep A  Feyza B.  For writing a fantastic book and sharing it with the class.
Prep B  Jayda B.  For showing great team work during our investigation activities.
1/2A  Abi W.  For coming to school with a smile on her face and answering questions in a fun manner. Keep up the Great Work Ali.
1/2B  Ranuga W.  For having fun while working and always having a smile on his face.
1/2C  Jordan G  For always trying to make our learning fun!
1/2D  Axle B.  For the cheerful way he enters the classroom every day!
3/4A  Ruby S.  For having a positive approach to school each day and making the classroom fun.
3/4B  Brianna M.  For always being helpful and kind to her teacher and classmates.
3/4C  Dilan Y.  For his enthusiasm towards sharing his stories and likes.
5/6A  Faith G.  For her playful nature at District Athletics and showing her determination in the long jump event. Well done on second place!
5/6B  Wafaa H.  For being friendly and caring and ready to ‘play’ in the classroom.
5/6C  Ella G.  For coming up with amusing suggestions for our Homework Excuses writing activity for Book Week.
5/6D  Luke L.  For his generosity in donating goods to a group for their Trade Fair business.

Friday

Dress Up Day & Parade – 9.30am
Story Time in the Library (Lunch Time)
Resilience is an essential skill for life

It’s natural for parents to want to protect their children from adversity. From birth, we try to do the best for our kids, love them and nurture them. Sometimes, this may be intensified as some modern parents have been labelled ‘helicopter parents’, constantly hovering over their children, trying to solve their problems for them in an effort to protect them and keep them happy. Ironically, a recent study by clinical psychologist and researcher, Judith Locke found that children who were over-parented were no more satisfied with their lives than children whose parents were less involved. And, in the long run, this can leave children ill-equipped to cope with life’s curve balls.

Positive parenting is a delicate balance between protecting children from adversity and letting them experience hardship so they can develop resilience and positive mental health and wellbeing.

Resilience is the ability to cope with life’s ups and downs and bounce back from adversity. Children need to develop coping skills to help them respond to challenging times and maintain a positive outlook on life. Challenges can also be viewed as opportunities to learn about oneself and to grow as a person.

Someone who is resilient and has positive mental health and wellbeing shows the following characteristics:

- The ability to learn from their experiences and grow
- Good relationships with others
- A capability to manage their own emotions and express empathy for others
- Good communication skills
- Good problem solving skills
- The ability to set realistic but rewarding goals and actively work towards them

These characteristics mean that a child is better able to make sense of the world around them, connect with people, and even seek out support when they experience difficulties. Good problem solving skills and the ability to work towards realistic goals also gives children a feeling of control over their lives and a sense of positive self-worth.

All of these resilience characteristics contribute to positive mental health, and reduce the risk of social or emotional problems later in childhood. There is also emerging evidence to suggest that resilient children are more likely to achieve academic success.

So where does resilience come from? An individual’s resilience is a combination of both pre-set characteristics a person is born with and the environment a person grows up in, including the support networks around him or her.

If we think of a set of scales, someone’s genetic sensitivity is the fulcrum in the middle, and their life experiences, both positive and negative, sit on each end. The fulcrum might start in the middle if a person has an average sensitivity to life’s experiences, or it might be off-centre if a person is naturally more sensitive.

If that is the case, they might have a tendency to be less resilient than another person with an average level of sensitivity who is exposed to similar life experiences.

Research has shown that someone’s natural response to stress can be altered through their experiences, and so the fulcrum can be moved. When positive experiences, like nurturing relationships and a sense of belonging are added to one end of the see saw and children start to develop coping skills, like the ability to solve problems or manage behaviour, the fulcrum can slide and the see saw will tilt towards a more positive outcome.

Key to developing a child’s resilience is the relationship they have with at least one adult in their lives. Parents and carers are vital supports in shaping a child’s resilience as they can teach a child to develop a sense of optimism and a set of coping skills to help them bounce back from life’s challenges.

Read the article.

Community News

New Junior indoor Football Competition
2 Sections: 9-11 year olds and 12-14 year olds
Friday Nights – Commencing 6th November 2015 at
Tullamarine Indoor Tennis Centre 3/10 Carrick Drive Tullamarine
Modified rules. Team registration required at start of season
Contact: Katie 0409 427 918 or
tullaindoorcentre@gmail.com

Pre-loved Gladstone Views PS Uniform Clothing FOR SALE
Boys GVPS Uniforms - Various sizes 8 -14 in good condition. Little marks if any and a little worn.
Pants, jackets & jumpers $5each. Shorts & Shirts $2each. Call Noeline: 0407 332 735 after 4.00pm.
FATHERS’ DAY STALL
Helpers Required
Urgently

Our Fathers’ Day Stall will be held on:

Friday 4th September

If you have an hour or two to spare and you have a current Working with Children’s Check, please complete the form attached and return to the school.

Fathers’ Day Stall items will be available from 50c to $6.00.

***Don’t forget to bring along an environmentally friendly bag to bring home your special gift.

Kind Regards

Parents and Friends Committee

FATHERS’ DAY STALL

I can help Friday 4th September on the stall at:

☐ 9am to 11am or ☐ 12pm to 2pm

Name: ________________________________
Child’s Name: ____________________ Grade: _______

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$15 Photo Fundraiser
10"x13" photo with frame. Don’t miss this great opportunity to update your family photos.

Choose your time, book & pay online.
info@visionportraits.com.au
visionportraits.com.au
STILL BOOKINGS AVAILABLE AND BEING TAKEN
CHECK ON LINE

VISION PORTRAITS

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FATHERS’ DAY STALL

 Helpers Required

 Urgently

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FATHERS’ DAY STALL

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☐ 9am to 11am or ☐ 12pm to 2pm

Name: ________________________________
Child’s Name: ____________________ Grade: _______

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Rota ry Club Raffle Tickets

Every ticket you sell $1.00 will be donated back to our school.

All tickets and unsold tickets must be returned by Wed. 21st October.

Raffle drawn at Bunnings Coburg on Melb Cup day (Nov. 3)
GRADE 1/2 GIFT BOXES TO VANUATU

It was a privilege to travel to Vanuatu two weeks ago to distribute the 70 gift boxes that the Grade 1/2 children had prepared as part of their Focused Investigation in Term 2. Following the devastating Cyclone Pam that hit Vanuatu in March this year the children in Grade 1/2 decided to exercise global citizenship by collaborating to prepare and package gift boxes full of useful items that they felt the children in Vanuatu would appreciate.

These photos demonstrate what a wonderful difference the Grade 1/2 children of GVPS have made to the lives of many children and their families in Vanuatu. Thank you once again to all the children and families that contributed to the gift boxes.

Mrs Seru
Did you know that you can make school related payments anywhere and at any time of day or night that suits you?

Did you know that you can now also complete your child’s permission form, if required, at the same you make your payment? *

Qkr! by MasterCard makes this possible

If you don’t already have Qkr installed, simply download the Qkr! by MasterCard App for free from Apple’s app store for iPhones (iPads should also download the iPhone app) or from Google Play for Android phones and tablets. On the Qkr app tap the magnifying glass on the home screen and type GLADSTONEVIEWSPS. Why not download it today and take a look at our school on Qkr! and start making your school payments on Qkr!

* If you are already a registered Qkr user please be sure to check that you are using the latest version of the Qkr app so that you are able to access new features.

All feedback to the school office is very welcome.
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Elegance without the Price tag.
Let me make all your floral dreams come true.

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Pay using Qkr! at Gladstone Views Primary

The Qkr! app is available for families of students at Gladstone Views Primary. Qkr! by MasterCard can be downloaded for free from Apple’s app store for iPhones (iPads should download the iPhone app) or from Google Play for Android phones and tablets. After downloading the app and registering, simply scan the QR code on the left using the Qkr! Code scanner or type GLADSTONEVIEWSPS after tapping the magnifying glass in the top right of the home screen of Qkr!, and then the app will always recognise you as part of Gladstone Views Primary in future to make payments even easier. You can pay your booklists, excursions and other school payment items along with ordering from the Canteen and Uniform Shop right now using Qkr! To make payments immediately why not download it today and take a look at our school on Qkr! All feedback to the school office is very welcome.