

NEWSLETTER

UPCOMING DATES

- **Thursday 19th March**
Harmony Day
- **Friday 20th March**
Curriculum Day 2 – No Students at School
- **Monday 23rd March**
School Photos
- **Friday 27th March**
Interschool Sport vs Aitken College - Away
- **Monday 30th March**
Cross Country Yrs 3 – 6 @school oval
- **Thursday 2nd April - Last Day of Term 1**
Assembly 1:45pm
Dismissal 2:30pm
- **Monday 20th April**
First day of Term 2

At Gladstone Views Primary School our Vision is to create the productive citizens of the future.

Our mission is to partner with the community to assist every student to become literate, numerate, healthy and socially responsible people in a caring, safe, supportive, stimulating and challenging environment.

We are proud of our Community School values and expect all members of our school community to be Respectful, Safe, Kind and Continual Learners in their daily lives.



Principal's Message



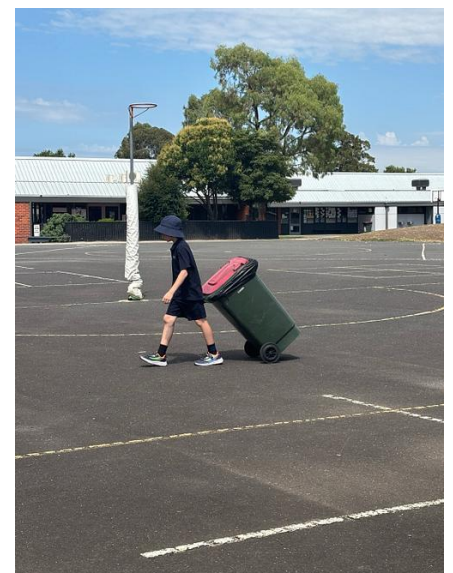
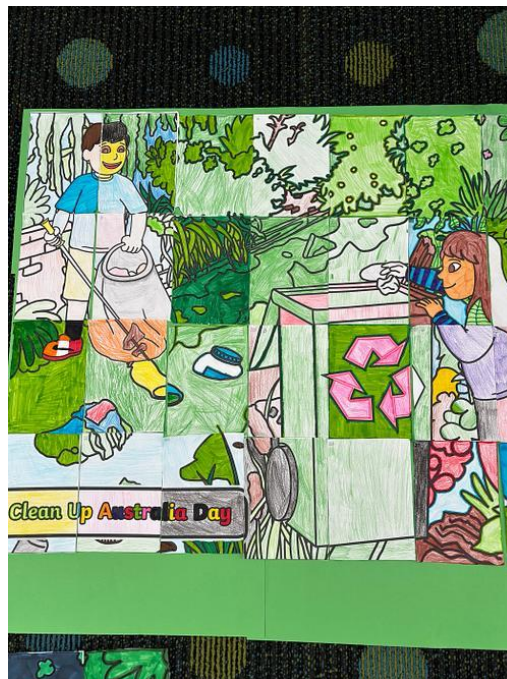
Dear GVPS Community,

As we reflect on International Women's Day, celebrated on Sunday 8th March, I would like to acknowledge the incredible contributions that women make to society, particularly in education.

Here at Gladstone Views Primary School, women make up the majority of our workforce and play a vital role in supporting our students, school community, and learning environment. I would also like to recognise our Councillors, all of whom are women, as well as our volunteers, the Gardening Green Team, and our fundraising group, for their dedication and commitment.

Clean Up Australia Day with Clean Up Gladstone Views Primary School Day.

On Friday, 28th February, our school recognised **Clean Up Australia Day** with **Clean Up Gladstone Views Primary School Day**. The event was organised by the 3/4 teaching team and students. Together, staff and students worked to tidy up our school grounds, collecting litter and recycling where possible. The day not only helped make our school environment cleaner and greener but also provided a valuable opportunity for students to learn about caring for the environment and the importance of community action. A big thank you to everyone who participated and helped make the day a success!



Harmony Hub Now Open to All Students

We are excited to introduce a new break-time program for our students called Harmony Hub. Harmony Hub provides a structured, supervised space where students can connect with peers, build positive relationships, and feel supported during break times.

The program is open to all students and is overseen by our Education Support staff, who ensure active supervision and meaningful engagement for those attending.

It has been wonderful to see so many smiling faces as students enjoy the space and the strong sense of community it creates.



Kinder On-Site Update

The modular building has been constructed offsite, and I recently visited the factory to see our Kinder building coming together. Onsite, the new Foundation playground is currently being installed, which can be seen from the Gaynor Crescent fence line. The car park has been newly asphalted, and guttering has been installed. All footings are now in place for the modular building, which will be craned into position in the coming weeks.

We are excited to see the project taking shape and will continue to keep the community updated as progress continues.

Curriculum Day 2 – Friday 20th March

Friday 20th March is a student-free Curriculum Day at Gladstone Views Primary School. On this day, our teachers will continue their professional learning on the Victorian Teaching and Learning Model (VTLM) 2.0.

The VTLM 2.0 is a framework that helps teachers plan and deliver high-quality learning experiences for all students. It focuses on improving teaching practices, understanding how students learn, and creating engaging, inclusive classrooms to support every child's success.

This professional learning ensures our teachers continue to develop their skills and provide the best possible learning experiences for your children.

Annual School Photo Day – Monday 23rd March

Monday, 23rd March is our **annual school photo day**! Students will have their individual and class photos taken on the day.

Order forms have been sent home with your children. Please ensure the form is completed and returned or you can order online.

Reminder: Students are expected to wear their **full school uniform** for photos.

If you have any questions or need assistance, please contact our office team at gladstone.views.ps@education.vic.gov.au

order your school photos now

to order visit: www.advancedlife.com.au

enter code: 3ZB YDE ZFF



or collect a cash order envelope
from your school office



scan to order

advancedlife
school photography & print specialists



On Thursday, **19th March**, Gladstone Views Primary School will celebrate **Harmony Day**. Students, families, and school-based staff are encouraged to wear **orange** to help create awareness and show support for diversity and inclusion.

Throughout the day, a range of activities will take place to celebrate and promote a **respectful, safe, and kind school culture**. Harmony Day is an opportunity for our school community to come together, recognise our differences, and celebrate what unites us.

GVPS Community Activities, Fundraising & Events Virtual Meeting – All Welcome 6:00pm – 7:00pm - Wednesday 18th of March

Dear GVPS Community,

We are pleased to invite you to our **first Community Activities, Fundraising and Events Meeting for the year**.

The purpose of this meeting is to discuss upcoming **community activities, school events, and fundraising initiatives** for the year ahead. We will also be seeking input and suggestions from our community regarding **fundraising targets and how funds raised may be allocated to support our school**.

The meeting will be held **virtually on Wednesday 18 March at 6:00pm**, and **all members of our school community are warmly welcome to attend**.

Joining Information

Meeting link:

<https://eduvic.webex.com/eduvic/j.php?MTID=m0a7eb60cc8cbaf5e866bce6ca07a5d2b>

We look forward to seeing many members of our community join the conversation and contribute ideas for the year ahead.



Your eldest child in each family will come home with an **Easter Raffle Booklet**.

- Tickets are **\$2 each**, with **5 tickets per booklet**.
- Extra booklets are available from the office if you need more.
- Tickets need to be returned by **Wednesday 1st April**, and donations are due by **Monday, 30th March**.
- The raffle will be drawn at the School **Assembly on Thursday, 2nd April**.

All money raised will go towards purchasing **new books for our school library**.

A big thank you to our wonderful volunteers! If you can help with **ticket collection or wrapping prizes on Wednesday, 1st April at 2pm**, we would love your support – the more, the merrier!

Thank you for supporting our Easter Raffle and helping enrich our school library.

School Holiday Program

April 7th–10th | 9:00am–4:00pm

We're excited to announce our School Holiday Program running from Tuesday 7th April to Friday 10th April 9:00am–4:00pm. Each day will feature a fun themed program with a variety of engaging activities, games, and creative experiences for the children to enjoy.

Please note: **Friday is to be confirmed**– We are aiming to run an excursion to Collingwood Children's Farm, however this is still to be confirmed and may change. More details will be shared once confirmed.

 Dates: 7th – 10th April  Time: 9:00am – 4:00pm

Bookings are essential. To secure a place, please:

 Email 5093-oshc@schools.vic.edu.au

Or  Let the OSHC staff know in person.

We look forward to a week of fun, creativity, and adventure during the holidays! 

VACATION CARE 7TH APRIL– 10TH APRIL

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED	THE GREAT EASTER EGG– STRAVAGANZA 9:00am- Settle in Free Time 9:30am- Wooden Easter Egg Painting 10:30am- Cake Pop Decorating 11:00am- LUNCHTIME!! 12:00pm- Easter Egg Hunt 1:20pm- Easter Games- Bunny Hop Relay 2:00pm- RECESS!! 2:30PM- Easter Craft Tables 3:30pm- Free Play/ Pack Up 4pm- HOMETIME!! Additional Cost: \$18	SUPERHERO ACADEMY 9:00am- Settle in Free Time 9:30am- Design your own Superhero Mask 10:30am- Laser Course Training 11:00am- LUNCHTIME!! 12:00pm- Superhero Training Course (Mini Challenges) 1:20pm- Save the City Mission- Team Game 2:00pm- RECESS!! 2:30PM- Superhero Shields 3:30pm- Free Play/ Pack Up 4pm- HOMETIME!! Additional Cost: \$10	MYSTERY INVESTIGATORS 9:00am- Settle in Free Time 9:30am- Create your own Detective Badge & notebook 10:30am- Fingerprint Investigations Lab 11:00am- LUNCHTIME!! 12:00pm- The Great Mystery Lab (Team Investigations) 1:20pm- Easter Games- Bunny Hop Relay 2:00pm- RECESS!! 2:30PM- Secret Message and Spy Gadgets 3:30pm- Free Play/ Pack Up 4pm- HOMETIME!! Additional Cost: \$10	TBC - Excursion to Collingwood Children's Farm Estimated Additional Cost : \$20-\$30

School Council Report

We held our first **School Council meeting for the year on 25 February.**

The **School Council nomination period has now closed**, and the current parent membership includes:

- Katie Lynch
- Jacqui Murphy
- Michelle Lewis
- Claire Miano
- Shannon Elston
- Nes Ilhan

Office Bearer positions will be elected at the next School Council meeting on **Wednesday 25 March.**

Council confirmed the following **subcommittee groups** for 2026:

- Budget, Finance and Fundraising
- Education and Policy
- Buildings and Grounds
- Canteen and Out of Hours School Care (OHSC)

All financial reports were presented and approved, including **upcoming excursion costs.**

Council also agreed to **open the Fundraising Subcommittee to the wider school community** to encourage ideas for community activities, events and fundraising initiatives. Community input will also help guide **fundraising targets and how funds raised are allocated** to support the school.

The **first Community Activities, Fundraising and Events virtual meeting** will take place on **Wednesday 18 March.** Please see **COMPASS for further details.** All members of our school community are welcome to attend.

Our first fundraising initiative for the year is the **End of Term Easter Raffle**, with all proceeds going towards **purchasing new books for the school library.** We are also seeking **volunteers to assist with wrapping raffle prizes at the school on Wednesday 1 April at 2:00pm.**

School Council also acknowledged and approved the following policies:

- Cash Handling
- Electronic Funds Management
- School Purchasing Card
- Fundraising
- Homework
- OHSC Behaviour Policy, Bookings, Fees, Expectations and Cancellations
- Anaphylaxis (including updates regarding new nasal spray and EpiPen options)

Additional approvals included:

- **Air conditioning upgrades** for portable classrooms and other areas of the school
- **Renewal of the Tessari Groundskeeper contract**
- **Term 1 School Holiday Program costing**
- **Principal's Report**

We thank our **School Council members** for their continued commitment to supporting the governance and development of **Gladstone Views Primary School**.



SLEEP HYGIENE

HOW MUCH SLEEP DOES MY CHILD OR TEEN NEED?

EVERY CHILD NEEDS A DIFFERENT AMOUNT OF SLEEP, WHICH CHANGES AS THEY AGE.
AS A GUIDE:

- CHILDREN AGED ONE TO THREE YEARS OLD NEED 12 TO 14 HOURS
- CHILDREN AGED THREE TO SIX YEARS OLD NEED 10 TO 12 HOURS
- CHILDREN AGED SEVEN TO 12 YEARS OLD NEED 10 TO 11 HOURS
- CHILDREN AGED 13 TO 18 YEARS OLD NEED 8 TO 10 HOURS

THIS INCLUDES SIMPLE THINGS LIKE:

- KEEPING A REGULAR BEDTIME ROUTINE
- MAKING SURE THEIR SLEEP SPACE IS QUIET, DARK, AND COMFORTABLE
- USE OTHER ROOMS FOR PLAY AND SCREEN TIME SO YOUR CHILD SEES THEIR BEDROOM AS A PLACE FOR REST.
- A REGULAR BEDTIME ROUTINE HELPS YOUR CHILD'S BODY AND BRAIN KNOW IT'S TIME TO SLEEP. A CALM, PREDICTABLE ROUTINE EACH NIGHT CAN SUPPORT:
- HELPFUL BEDTIME ROUTINE IDEAS
- HAVE DINNER EARLY WHEN YOU CAN
- GIVE YOUR CHILD A BATH OR SHOWER BEFORE BED
- BRUSH THEIR TEETH
- PUT ON PYJAMAS
- SAY GOODNIGHT TO FAMILY MEMBERS
- READ A BOOK OR SING A QUIET SONG TOGETHER
- CUDDLE OR CHAT IN A LOW, GENTLE VOICE



1

Follow a regular bedtime routine

2

Stick to a sleep schedule

3

Turn off screens before bed

4

Avoid caffeine

5

Encourage daily physical activity

6

Offer a balanced diet

7

Get natural light during the day

8

Reassure your child

GROWTH MINDSET



Encourage flexible thinking

- No one is happy all the time. Flexible thinking can help your child deal with bumps in the road that inevitably tend to happen in life. It's about building resilience and ensuring kids are able to adapt with change.
- One of my favourite ways to foster flexible thinking at home is through practising gratitude. This is so that, even in the deep dark moments, finding even the smallest of things to be grateful for can provide some light.

Mental flexibility helps children develop a **growth mindset**. When they're adaptable to unexpected changes, they're open to new experiences and learning new ideas. Thinking flexibly enhances their problem-solving skills by prompting them to ask questions about the problem and think about solutions. Socially, mental flexibility helps children learn to accommodate other people's ideas and opinions, making them more empathetic and collaborative.

RELATIONSHIP BUILDING

Help your child build strong relationships

- Empathy, kindness, and compassion are all critical emotional skills that develop through strong and meaningful relationships
- Having a meaningful connection with others (that might be caregivers, friends, peers) is an important part of mental fitness
- Helping children build strong connections with those around them is a practical way you can help with their sense of belonging and self esteem



Open Communication at the end of a school day:

After school questions: Engaging in supportive conversations and active listening. Specific, positive, open-ended questions can help remind children of all the great things that have happened throughout the day. Check out this list of ten questions to ask kids about their school day.

The trick is to ask about things that are specific, but still open-ended. Move beyond "fine" and "nothing" by asking your kids to describe her world. It's also great to start the conversation with an anecdote from your own day. Try one of these conversation-starters:

1. Tell me about the best part of your day.
2. What was the hardest thing you had to do today?
3. Did any of your classmates do anything funny?
4. Tell me about what you read in class.
5. Who did you play with today? What did you play?
6. Do you think math (or any subject) is too easy or too hard?
7. What's the biggest difference between this year and last year?
8. What rules are different at school than our rules at home? Do you think they're fair?

9. Who did you sit with at lunch?

10. Can you show me something you learned (or did) today?

