

SCHOOL NEWSLETTER

KINDNESS

WELLBEING

INTEGRITY

RESILIENCE

Hi Everyone,

A huge thank you all for your ongoing support during Remote and Flexible Learning. I have received a lot of positive comments from the community regarding our Remote and Flexible Learning program and it's great to receive so many great comments.

I must commend all students and staff for managing as well as they have. I do understand however, that for some students it is becoming difficult. We all miss the social interaction and add to this the restriction of movement beyond our household, it is no wonder emotions are heightened (and not necessarily in a good way).

We have also seen the energy levels wane. We can see and hear from staff, families and our students that things are really difficult for many of you. I'd describe it as trying to see clarity through fog or a light at the end of the tunnel.

Lately, we have been lucky to experience some beautiful weather and with the sunshine, brings hope and optimism– the light at the end of the tunnel.



Mental Health and Wellbeing

Why it's important to look after your mental health during COVID-19

The COVID-19 pandemic has greatly changed the way we live. To help keep us safe, it is likely that our lives will be different for a while.

When we aren't able to see our friends and family regularly, it can be harder to keep on top of how we're feeling. Being aware of how you're feeling and knowing what you can do to look after your mental wellbeing is an important part of staying healthy during this challenging time.

If you need help right now, it is available 24 hours a day, 7 days a week, anywhere in Australia. In an emergency, call 000. Contact **Lifeline** for support if you are experiencing a personal crisis or have suicidal thoughts. You can call them 24 hours a day, 7 days a week from anywhere in Australia.



Beyond Blue are providing information, advice and strategies to help you manage your wellbeing and mental health during the COVID-19 pandemic. Hotline **1800512348**



Smiling Minds is a not for profit organisation whose vision is to help every mind thrive and mission is to provide accessible, life-long tools to support healthy minds. They have a number of tools including meditations which you can explore for home on their website

<https://www.smilingmind.com.au>



Staffing Update

Matthew Trovato is replacing Laura Culleton as she has commenced her maternity leave. Matthew Trovato is a very experienced teacher and we welcome him to the GVPS community.

School Based Activities

Please know that we are working very hard to reschedule activities that students have missed out on this term. Activities such as Italian Day and Book Week will be rescheduled for either late this term or early Term 4.

School Vision

We are evolving our School Vision to better align it to where we are as a school in 2021. We have an updated draft of the school vision and would like further input or feedback from the school community. If you have any feedback or suggestions, please email your feedback to gladstone.views.ps@education.vic.gov.au

'At Gladstone Views Primary School, we are committed to providing a safe and welcoming environment that promotes engaged and curious learners who can achieve their full potential and become empowered life-long learners. We maintain an inclusive environment which acknowledges and respects students from diverse family and cultural backgrounds.'

Assessment and Reporting

Just a reminder about the **Student Progress Reports**. Progress Reports will go live on Compass on **Monday 13th September**. The progress reports will give a snapshot of each student's academic progress in Reading, Writing and Mathematics. As well as areas such as behaviour, work completion, following the school expectations and contributing in class.

Planning- 2022

We currently have 30 enrolments confirmed for Foundation next year. While we haven't had the opportunity to run school tours, we have updated our website with information regarding enrolments. If you have a child due to start school next year, please download an enrolment form (from our website) and submit the form as soon as possible. Feel free to advise neighbours, friends or family who are within our school zone to do the same if they too have children due to start school in 2022.

If your child/children won't be attending Gladstone Views Primary School next year, it's important you let us know by contacting the office on 9338 6083.

Key Health Advice

It is now recommended primary-school-age children wear masks while indoors and outdoors, except when in the home or when an exception applies. However, it is not mandatory.

For communication purposes, teachers and education support staff are not required to wear face masks while teaching, but it is recommended that they wear face masks while teaching wherever practicable.

Parent Feedback

We love receiving parent feedback in regards to our Remote and Flexible Learning program, so please feel free to email us your feedback and suggestions to gladstone.views.ps@education.vic.gov.au

Parent Opinion Survey

YOUR FEEDBACK IS IMPORTANT!

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst all parents

It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour, student engagement and experiences of remote and flexible learning.

Our school will use the survey results to help inform and direct future school planning and improvement strategies. All parents/carers have been invited via COMPASS, to participate in this year's survey. All responses to the survey are anonymous.

Currently only 25 families who have completed the survey, so it would be greatly appreciated if more families could please complete the survey.

The Parent Opinion Survey will be opened until **Friday 3rd September**.

The survey will be conducted online, only takes 20 minutes to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones.

The online survey will be available in a range of languages other than English. These include: Arabic, Vietnamese, Mandarin, Chin (Hakha), Hindi, Japanese, Somali, Turkish, Punjabi and Greek. The results of this survey will be shared next year via the Annual Report to the Community.

If you have any questions about the Parent Opinion Survey, please feel free to contact the school on 9338 6083.

A HUGE thank you to those parents/carers who have already completed the survey!

Keep Safe!

Belinda Karlsson
Acting Principal

POKÉMON

How to make a Pokemon card


Materials

1. Cardboard
2. Greyed felt
3. Black texter
4. Coloured pencil
5. Scissors
6. Ruler

Steps

1. With your ruler rule a square rectangle from wide a 9cm long.
2. With scissors cut along the square with lines of your choice.
3. Search and choose one of the amazing Pokemon characters to draw.
4. With your greyed scatch your awesome pokemon character.
5. Transfer your Pokemon character with a bold black texter.
6. With your coloured pencil add strong colour to your Pokemon character and Card back ground.

Once you have completed all 6 steps on how to make a pokemon card it should look like this.



Charizard

11/1/12

[illegible]

Mitch 2CC

Lareina 2CC

What you need

- *Milo cereal*
- *A bowl*
- *A spoon*
- *Milk*
- *Fresh fruit*

Bilal 2CC

1. Take a big bowl and a shiny spoon.
2. Add one giant serve of crispy Milo cereal into your big bowl.
3. Place some juicy fresh fruit on top of you Milo.
4. Pour a glass of cold milk over the fruit and cereal.
5. Take your shiny spoon and enjoy your breakfast crunchily!



How To Make A Sandwich

Ingredients

- 2 slices of bread
- 2 slices of Salami
- 2 slices of cheese
- 2 Lettuce Leaves

Method:

1. Get 2 pieces of soft white bread.
2. Spread the soft butter onto the bread with a blunt knife.
3. Place a slice of yellow cheese on the bread.
4. Put some hot salami on the cheese.
5. Put some crumbing green lettuce on the salami.
6. Place another piece of soft white bread on top.
7. Cut sandwich in half with a sharp knife and place onto a plate.

Your sandwich should be ready to eat.

oli 1/2B

Oli 1/2B

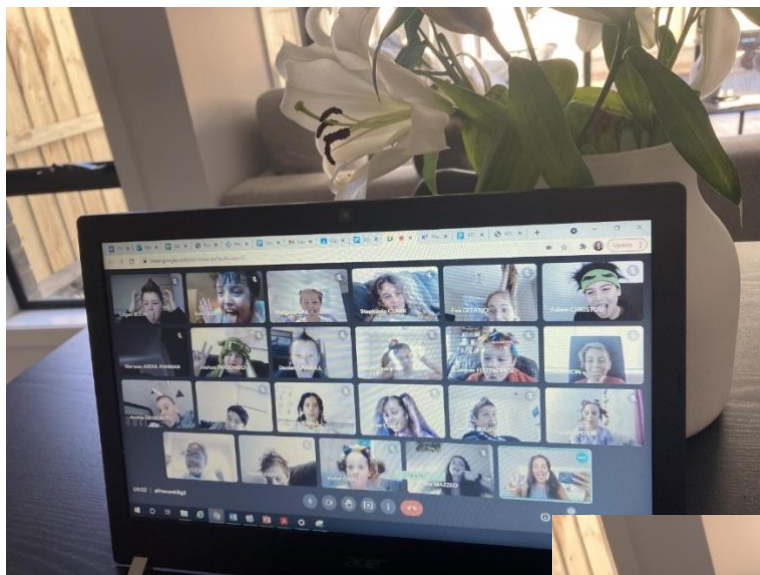
Harry 1/2B

How To Make A VEGEMITE SANDWICH

Ava 1/2B

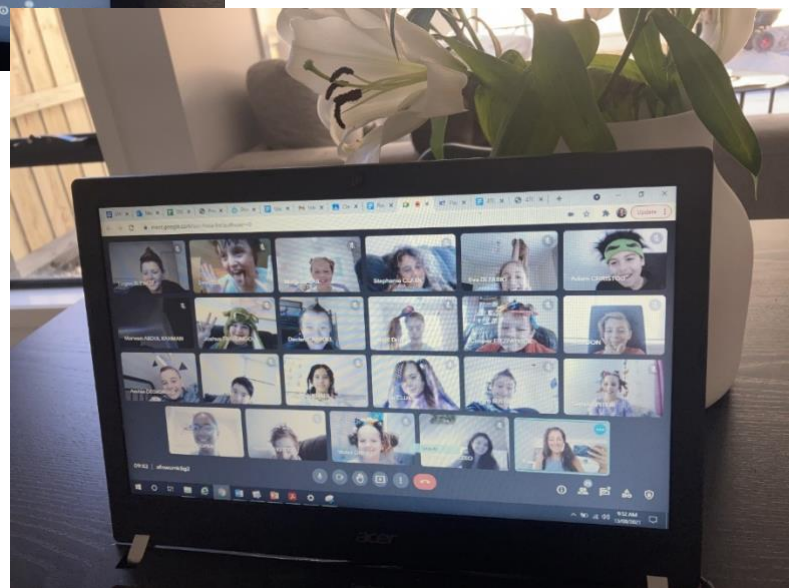
Luca 2CC

Crazy Hair Day Google Meet in 4TC!



**HAVING
FUN IN
4TC!**

**What
amazing hair
styles! Well
done 4TC!**



Crazy Scientists Google Meet Foundation Team

