

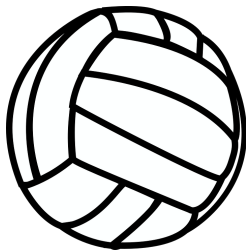
KINDNESS**WELLBEING****INTEGRITY****RESILIENCE****TERM THREE**

Fri 2 Aug	Ned's Mindset Incursion 12.30-1.20pm
5-9 Aug	Book Week
Tues 6 Aug	Author Visit - Jane Godwin
Thur 8 Aug	Book Week Dress Up Parade 9am
Tues 13 Aug	NMR Netball Finals
Tues 13 Aug	Grade 4 Arrabri Camp Parent Info Night 5.30pm
Thurs 15 Aug	Broadmeadows District Athletics
Tues 20 Aug	NMR Tee Ball Finals
21-22 Aug	5/6 Media Roadshow Incursion
Sun 1 Sep	Bunnings Sausage Sizzle
Mon 2 Sep	Premiers' Reading Challenge finishes
Wed 4 Sep	Prep Melbourne Museum Excursion
Fri 6 Sep	Broadmeadows District Softball/Hot Shots Gr5/6
Fri 13 Sep	Whole School Song - Assembly
Fri 20 Sep	Last day of Term 3 - School finishes 2.30pm

Clean Sweep! Woodlands Division Champions

On Friday the 26th of July our Girls Netball team made it 3 from 3 at Woodlands Division level by winning their 3 matches quite convincingly.

The girls started strongly with a 14-0 win over Greenvale PS and followed that up with 17-9 and 19-9 wins against Kismet Park PS and Willmott Park PS respectively to go through to the NMR finals on August 13th at Mill Park Stadium with a now undefeated record of 9-0 for the year. Thank you to Ms. B and Kristie K for coaching the team and all families who came along to support the team.

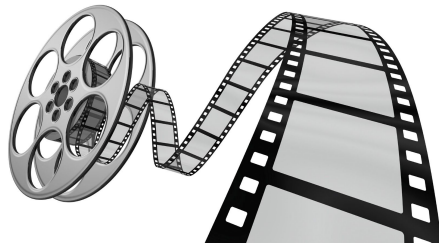


Both our Tee Ball teams will also compete at the Northern Metropolitan Regional Finals on the 20th of August for the chance to make the State Finals.

Grade 5/6 - Film Studies

This term, the Grade 5/6 students will embark on a new journey into the world of Film. Throughout our Writing unit, students will be viewing and analysing short Pixar clips, focusing on different film features such as: setting, theme & genre. As part of their studies, a

two-day media incursion has been organised with Media Studies Roadshow to enhance learning and expose students to various aspects of media such as:



talkback radio, green screen filming and animation. All of us in Grade 5/6 are very excited to jump in the producers chair and start Writing!

Class Project: 34T Mini Worlds

3/4T are excited to announce that we have finally finished our class project and as of this week the students will be able to start



using it during their allocated time & day. The classroom teachers have a copy of the timetable.

For our class project we have created Mini Worlds. There are 5

different worlds:

- Fantasy World
- Dino World
- Space World
- Under The Sea World
- Zoo World

The Mini Worlds are inside tyres and there will be fun toys that you can play with. The Mini Worlds are located in front of the colourful container near Ms Steele's room.

Prep 2020

Preparations are well underway for 2020, if you have any children beginning Prep next year please contact the school about an enrolment pack as soon as possible.

Premiers' Reading Challenge

5 weeks to go! The PRC ends on Monday the 2nd of September, make sure you have logged all of those books you have been reading. Don't worry there is still time to add to your list.

**Art Supplies**

A big thanks to all the families that have been donating cereal boxes. We now have enough and are excited to put them to creative use!

For term 3 we are **collecting newspapers and magazines** so if families have any to donate they can be dropped off to the art room.

Book Week: Monday 5th – Friday 9th August

Book Week is coming early to Gladstone Views this year and we are looking forward to a fun-filled week of activities. Two of the highlights will certainly be the Author Visit and the always popular Dress up Day!

On Tuesday 5th August, popular Australian author Jane Godwin will come to chat to the students about her work. Her books will be available to purchase after school (cash only) in the stadium. On Thursday 8th August, students are invited to come to school dressed up as their favourite book character. There will be a parade at 9.10am in the stadium. Families are more than welcome to attend the parade, and younger siblings are invited to join in if they'd like.



Our whole school artwork titled 'An Ocean of Stories' is coming along nicely. This remarkable artwork will include every student's favourite book title. The Artwork will be completed in time for Book Week and displayed

in the junior core area.

Book Week Activities

Monday – Create a Class Book or Individual Mini Books

Tuesday – Author Visit

Wednesday – Retell of Favourite Story Book

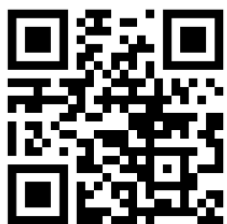
Thursday – Dress Up Day and Parade

Friday – Reading with Buddy Grade

Parent Feedback - Newsletter

We are seeking feedback about how you would like to receive the newsletter, we are very aware of the amount of paper and printing the newsletter takes up. Although it is more important to us that EVERYONE has the opportunity to read the newsletter. Please go to the link below and let us know your opinion.

<https://tinyurl.com/gvps-news>



Scan me

Broadmeadows District Athletics

Training is underway for those students who have qualified for the District Athletics on the 15th of August at Meadowglen International Athletics Stadium. Permission notes will go home next week.

Semester Two - Class Captains

Classes have selected their class captains for Semester Two. You can see the full list below, these students will be presented at Assembly on the 2nd of August.

1I- Holly Di & Paddy J-R

1S- Mikaela O'C and Alex D

1C- Olivia D & Archer G

2S- Helen S & Taylah S

2B- Max D & Amanda A R

2F- Kerem B & Samantha G

3B- Aydin Y & Rachel M

3R- Zac G & Heoe N

3/4T- Evie C & Patrick E

4C- Karol S & Abbie D

4M- Sofia C and Jayda B

5/6B- Zuleyha S and Mubashir F K

5/6C- Jayden A & Eden H

5/6G- Anuga J & Alicia R

5/6T- Emily C & Jordan G



Help Wanted

We are seeking a parent helper (or two!) to help with covering new books for the library. If you have time to assist us, please speak to Ms Buckley or Ms Larsen to arrange a suitable time to come in and help. Thank you!

Notices with Today's Newsletter

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Notices due

Friday 9th August

- 5/6 Media Roadshow Incursion

Friday 16th August

- Grade 4 Arrabri Camp Deposit

Wednesday 28th August

- Prep Melbourne Museum Excursion Form



Cyber Safety

Below is an article published by *Parenting Ideas* that I think is a timely reminder to everyone that our children/students need our support in dealing with Cyber Safety and life in the 21st century.

9 Digital Technology Guidelines for Parents

by Martine Oglethorpe

Before we help our young people, it's best to look at our own digital habits to make sure we are providing them with what they need – that is, leading by example and being balanced role models who know when to use and when not to use their devices.

Every family is different, and will have their own ideas around what's considered 'normal' or acceptable use of our beloved devices, which means there's no universal answer. However, there are some suggestions that can help you build some rules of your own and bring some order to the way your children use digital devices at home.

1. Know what the rules and expectations are at school

School digital technologies policies make a great starting point for families. Every school is different – some let students keep mobile phones in lockers or backpacks, while others allow limited mobile phone usage between classes or even during class time to aid with assignments. Make sure that you and your child know what the rules are at school. Importantly, support the school and keep your own expectations in line with theirs. The Gladstone Views PS Digital Technologies policy and Mobile Phones policy are both available on the school website.

2. Specify hours for digital use

Set the ground rules for when your youngsters can use their tablets and phones, and when they need to shut them off for the night. It's just a smart way to build a habit for the whole family so it becomes ingrained and just the way things are done in your home. Keep in mind that this age group faces tremendous peer pressure to be online 24/7, and even though they'd never admit it, it might be helpful for them to have an acceptable 'way out' from their demanding digital life.

3. Consider a digital device 'contract'

Mobile phone 'contracts' were popular with parents a few years back and they are still a smart way to go. Clearly set out your digital device usage guidelines, and print them in an agreement that you and your young one can both sign. If there are any disputes, then you both have the expectations in writing. This digital technology guideline maybe a little too formal for many people's tastes, but it removes the grey areas around expectations that many young people are likely to exploit.

4. Lay out consequences from the start

Make the consequences clear for breaking the rules, such as taking away the phone or tablet for a set period of time. But remember, the goal isn't to punish them, but just to set clear boundaries. Your home's digital device guidelines should be reasonable rather than excessive, and be made in collaboration with your youngster so they feel a sense of ownership about the

rules too. This should make it less likely for them to 'break the law', so to speak.

5. Talk about respectful relationships, safety and inappropriate images

You can't let your young person loose in the digital world without having several conversations about how to stay safe online, how to show respectful behaviour and be aware of the pitfalls of inappropriate images. Each of these topics is a separate issue on its own, but each is deeply affected by the virtual, boundary-free nature of digital technology. This kind of digital exposure can have massive ramifications on the growth and development of young people, especially when it comes to the quality of their relationships and well-being.

6. Be prepared to learn

Be ready to learn about social media, and the different apps and games that young people may be playing. But at the same time, be mindful of their boundaries. A recent Australian survey found that young people see TV-watching as a way of connecting to their family, and social media as a way of connecting to their friends.

7. Change the rules if necessary

Many families will have a young one who believes that rules are made to be broken. They are the ones always pushing past their boundaries, their own limits and the limits of their parents' patience. Smart parents take a more flexible approach, and believe that rules are made to be changed. Be prepared to keep evolving your rules based on your young person's behaviour, maturity, sleep habits, their tendency to leave homework or chores unfinished, bullying or any number of issues that will invariably crop up to make them feel like your rules just aren't working.

8. Keep digital devices out of the bedroom

If there was one rule that you should stay firm on, then this is the one. Many young people are in a constant sleep deficit as it is without bringing digital devices into the mix. They may say they want to charge it in their room. Keep the charger in a public place. They may even want to use their mobile or tablet to wake up in the morning. Applaud them on wanting to wake up on their own, but get them a regular alarm clock instead.

9. Have a 'digital detox' one day a week

The only way that this idea will work is if you join them in making one day a week a digital device-free day. They will probably not like it, and neither will you, but the point of having one day off is to prove that they can live without their digital device, and involve them in different forms of communication and entertainment.

Digital technology is now an integral part of our lives, but it's not the only option we have for entertainment, information and or communication. Before we help our young people, it's best to look at our own digital habits to make sure we are providing them with what they need – that is, leading by example and being balanced role models who know when to use and when not to use their devices. They are far more likely to walk our walk than follow our talk.